

CENTERPOINT
CHURCH
@HOME





Welcome!

Welcome to CP Church@Home. Our hope, today is that your family will have a special time of learning God's Word together. Pastor Brian has prepared this Church@Home discussion guide in such a way that it should be beneficial to family members of all ages, and Pastor Shea has added a few "extras" just for the kids (Mom and dad are welcome to participate in those as well).

Below is a list of things you will need. Take a moment to gather those before picking a family member to lead the discussion, and then dive right in. Make sure you upload a photo of what **Church@Home** looks like for your family. Be sure to tag Centerpoint Church!

Also, please take a moment to fill out the on-line connection card, and share any prayer requests you may have at www.centerpointnwa.com/online-connection-card/.

Finally, we want to remind you that - even when we're not together - giving is easy by visiting our website at www.centerpointnwa.com, and clicking "Donate." You can also use text to give by texting the amount of your gift followed by the shortcode CPNWA (ex: 10 CPNWA) to 45777

You'll Need:

- Your Church@Home packet
- Your Bible or Bible App (God's Word Translation)
- An iPad, Laptop, Phone, or other means of accessing Youtube.com
- Scissors and crayons (If you have kids)
- Your Family or if it's just you, then JUST YOU!

Introduction:

This week we are picking up where we left off last week - talking about prayer. As a review, last week, we read from Matthew 6:5-8 and learned that

- Jesus told us to pray (Jesus said, "When.")
- Prayer is just talking to God.
- Prayer doesn't have to be fancy.



Make it Personal (Discuss with your family)

What does prayer look like in **your** life?

Moving On:

After Jesus told us that we're supposed to pray, that prayer is just talking to God, and prayer doesn't have to be fancy, He went on to teach us how to pray.

Read Matthew 6: 9-13 with your family.

Matt: 6:9 "This is how you should pray: Our Father in heaven let your name be kept holy.

Matt: 6:10 Let your kingdom come. Let your will be done on earth as it is done in heaven.

Matt: 6:11 Give us our daily bread today.

Matt: 6:12 Forgive us as we forgive others.

Matt: 6:13 Don't allow us to be tempted. Instead, rescue us from the evil one.

In this passage, Jesus shows us **five ingredients** of a good prayer. That's not to say that every time we pray we have to use all five ingredients, but our prayer life should contain all five. Just like leaving an ingredient out of a recipe for a cake changes how the cake turns out, leaving out a prayer ingredient changes how our prayer life turns out.



Make it Personal (Discuss with your family)

What do **you** think that the five ingredients are?

Ingredient #1 - Worship God

Jesus says to begin our prayers by saying "Our Father in heaven, let your name be kept holy." This is an example of worship - which is pretty much a fancy word that means, "telling God how awesome He is and why we love Him." God loves it when we worship Him. In fact, we are told all through the Bible to worship the Lord.



Make it Personal (Discuss with your family)

Why do **you** love the Lord? What makes Him awesome - to **you**?

Ingredient #2 - Put God's Plan First

Next, Jesus says, "Let your kingdom come. Let your will be done on earth as it is done in heaven." When we pray, it's easy to be focused on ourselves and what we want, but here, Jesus is teaching us that when we pray, we should make sure we are asking God to make His plan guide our lives. After all, He definitely knows what's best for us. Another scripture where Jesus talks about this is in verse 33 of Matthew 6, where we're told.

Matthew 6:33

But first, be concerned about His kingdom and what has His approval.



Make it Personal (Discuss with your family)

Can you think of a situation where **you** forgot to ask God for His plan?

Ingredient #3 - Ask God to Meet Your Needs

Did you know that it's ok to ask God for the things you need? Jesus actually tells us to. The next part of Jesus' prayer says, "Give us our daily bread today." The Lord clearly knows that we need food in order to live, and He wants to make sure we have all that we need, so Jesus tells us to ask Him.

Do you need a new job, because the one you have is driving you crazy? Ask Him.

Do you need a new car (or bike), because yours is broken? Ask Him.

Do you need money to buy your "daily bread?" Ask Him.



Make it Personal (Discuss with your family)

What would **you** like to ask God for today?

Ingredient #4 - Ask for Forgiveness

Guess what!? We all mess up a lot. That's not comforting to hear, is it? But, the good news is that God knew we would mess up - a lot, so He made a plan for us to be forgiven when we do.

Sometimes, people think that they can only ask for forgiveness for the things they've done wrong one or twice, but that's not the plan.

Jesus tells us when we pray, we're supposed to ask for our DAILY bread, and then He says to say. "Forgive us as we forgive others." Did you catch that? We're supposed to pray **every day** and every day we're supposed to ask God to forgive us for the bad stuff we've done. Now, that doesn't mean that we're supposed to go out and do bad stuff just so that we can be forgiven (Paul talks about this later in the Bible), but it does mean that when we mess up - even if it's every day - we can ask Him to forgive us, and He will.



Make it Personal (Discuss with your family)

How does it make **you** feel to know that whatever you do, God will forgive you?

Ingredient #5 - Ask God to help you Make Good Decisions

Okay, so we know that God will forgive us when we mess up (if we ask Him), but wouldn't you like to mess up less than you do? The main reason we sin (or do bad things) is because the devil tricks us - or tempts us - with something that seems good.

Jesus knows this, so He tells us to pray that God will lead us away from that temptation and protect us from the devil's tricks. This is an ingredient that way too many people leave out of their prayer life, and it shows.

Imagine that you were a little kid, and there was a bully at school who was always trying to trick you into doing things that would get you into trouble. But, imagine that you had a good friend who was bigger than the bully and was willing to help keep him away from you if you asked. Wouldn't you ask?

James 4:7 tells us to, "place yourselves under God's authority. Resist the devil and he will run away from you." Let's remember this ingredient - and remember to make the devil run away.



Make it Personal (Discuss with your family)

How does the devil try to tempt **you**?

Wrap it up:

Prayer isn't complicated. It is just talking to God. But, sometimes it helps to have a recipe -even for easy things. Aren't you glad Jesus gave us a recipe? All we have to do is remember the ingredients and include them in our prayers.

As a reminder, the ingredients are:

- **Worship God.**
- **Put God's plan first.**
- **Ask God to meet your needs.**
- **Ask for forgiveness.**
- **Ask God to help you make good decisions.**

In this passage, Jesus shows us five ingredients of a good prayer. That's not to say that every time we pray we have to use all five ingredients, but our prayer life should contain all five. Just like leaving an ingredient out of a recipe for cake changes how the cake turns out, leaving out a prayer ingredient changes how our prayer life turns out.

Put it Into Practice:

There's no better way to learn something than to put it into practice, AND there's no better time than NOW. We'd like for you to take this time to pray together - as a family - using the recipe that Jesus gave us.

Pastor Christina has prepared a worship playlist on our Youtube channel. If you'd like to listen as you worship God and begin your prayer. The worship list can be found at the following link (<https://bit.ly/3G86plK>) or on our YouTube channel (search for CenterpointNWA).

Just for Kids:

Pastor Shea has created flashcards that children can color and parents can cut out, to help children learn the Lord's prayer.

There is also a "Make it Stick" sheet with activities to do throughout the week.

